

Unity of Richmond is a New Thought center that recognizes that there are many paths to God.

If you have given up on traditional churches, but still want to experience personal spiritual growth, we think you will feel right at home here.



We are an inclusive community that welcomes all individuals, regardless of race, age, gender, or sexual orientation (LGBTQ). You are loved just as you are!



FIVE UNITY PRINCIPLES
FOR YOUTH

1. GOD IS ALL GOOD AND ACTIVE IN EVERYTHING, EVERYWHERE.

2. I AM NATURALLY GOOD BECAUSE GOD'S DIVINITY IS IN ME AND IN EVERYONE.

3. I CAN CREATE MY LIFE EXPERIENCES BY WHAT I CHOOSE TO THINK AND FEEL. (WHAT I FOCUS ON IS WHAT BECOMES POWERFUL.)

4. THROUGH AFFIRMATIVE PRAYER AND MEDITATION, I CONNECT WITH GOD AND BRING OUT GOOD IN MY LIFE.

5. BY DOING MY BEST I MAKE A POSITIVE DIFFERENCE

UNITY IS LIFECHANGING AND FUN!
I'VE MET AMAZING FRIENDS AND
DEEPENED MY SPIRITUALITY.

SARAH - AGE 16



Unity of Richmond Sunday School
Sundays at 11am

Nursery (Infants/Toddlers) (Every Sunday): Individualized care from our attentive nursery staff.

Elementary (Every Sunday), Students learn that they are loved and that God is love through stories, affirmations,
Bible verses, music, creative expression, and guided meditation.

Middle & High School "YOU" (~ 2 Sundays per month. Dates vary.) Students explore the spiritual principles of creating peace in everyday life. We also have fun retreats and get-togethers.

For more info or to confirm "YOU" dates, contact Youth & Family Director Maggie Ellis at: maggieellisbland@yahoo.com

"YOU" = YOUTH OF UNITY









